



Welcome to Term 3

We hope all of our families had an enjoyable and restful break. It is nice to have a bit more freedom compared to this time last year, however, isolations do continue to hamper our plans from time to time!

The advice regarding this continues to change regularly. Please click [here](#) to access the NHS self help guide to find out the testing and isolation guidelines for your specific circumstances.

We are thankful to have been fortunate with regards to staff absences so far however, we will continue to manage this as best as we can over the coming term.

SNSA

P4 and P7 pupils will complete their Scottish National Standardised Assessments this term. Information for Parents can be found [here](#).

Staffing

We are delighted to welcome Miss Jessica Ash to the team. She will be teaching P5 on a Tuesday, Wednesday, Thursday and covering non-class contact time on a Monday and Friday.

Miss Emily Atterton will be joining us on the 31st January to teach P6M. We are looking forward to having Emily as part of the team.

Miss Abbie Hammond has secured a teaching job in Dubai and will be leaving us on the 4th February. We wish Abbie all the best in this new and exciting adventure! This post is currently advertised, and we will be interviewing for this position soon. We will keep P3/2 parents up to date with information regarding this.

Miss Cara Morrison will become Mrs Martin on Saturday 5th February! Congratulations to Cara and Chris on their upcoming wedding, we are sure it will be a very happy day.

Students

This term we are welcoming three students. Miss Gallacher has started in P6C and Miss Arqued and Miss Nesbitt start with us after the February mid term in P2/1 and P2. At Kinellar we welcome the opportunity to be a part of the learning journey of our students. It is rewarding to share our knowledge and see them grow in confidence throughout their placements.

Tempest Photography













Class photos for Nursery, P1 and P7 will be taken on Friday 25th February. We are trying to secure arrangements for individual and family photos as we are aware that these have not happened for a few years now and are popular with parents.

KSPC

The next KSPC meeting will take place on Monday 24th January. It would be great to see more parents coming along to these meetings as they are currently taking place via Teams which can make it a bit easier to attend.

Please contact KSPC via facebook or at kinellarschoolparentcouncil@yahoo.com if you would like to be sent the link for the meeting. Remember you do not have to be a member of KSPC to attend meetings.

Family Information

Adult role models 	Relaxation 	Babies brains 
Self-regulation 	Managing feelings 	Emotion coaching 
Positive thinking 	Thinking skills 	Sleep 
Understanding brains 	Growth mindset 	Supporting Wellbeing 

Aberdeen Educational Psychology Service have developed a helpful suite of leaflets for families on the topics above.

Please click below to see the featured leaflet for this Issue:

[Relaxation and Mindfulness](#)

Raring 2 go!

Please click the image below to read the latest version of Raring2go which includes lots of fun ideas for the winter months.



Profiles

Please ensure you are logging in regularly to view your child's individual learning or class profile. There's lots to see on teams and it's a great 'window' into your child's learning here at the school. P1-3 still use 'Snapshot' jotters, please comment on their learning if you can. P4-7 have their profiles saved in their one drives.

The Decider Life Skills

This session our school Assemblies have been focusing on learning about the decider life skills. These skills are designed to help teach children about how to deal with 'the fizz'.

The fizz is the term they use to describe the physical side of emotions. Our thoughts, emotions and behaviours are all linked which is what drives us to act impulsively in certain emotional situations.

Having these skills to choose from helps avoid the devastating result caused by acting on impulse. So far, we have learned:

- STOPP
- It Will Pass
- 5,4,3,2,1

Ask your child to tell you about these skills they can be used at home too.

Holiday Dates

Please note that the holiday calendar for term 4 has changed to accommodate the Queen's Platinum Jubilee.

Thurs 10 Feb	Holiday
Fri 11 Feb	Holiday
Mon 14 Feb	Holiday
Tue 15 Feb	In Service Day
Wed 16 Feb	In Service Day
4 th – 15 th April	Easter Holidays
Thurs 2 nd June	'May Day' holiday
Fri 3 rd June	Jubilee Holiday
Mon 6 th June	Holiday
Fri 1 st July	Last Day of Term 4

Contact Us

Parents should only come to the front door and office if they have a previously arranged an appointment. If you have any questions, please email, or call a member of the team.

kinellar.sch@aberdeenshire.gov.uk
01224 472888

As ever if you have any questions or concerns, please feel free to contact us below.

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