



Kinellar Nursery

Oral Health Policy

The nursery promotes high levels of oral care and education linked to the importance of making good choices about what we should be eating/drinking.

The following policy has been written based on the current guidance published by NHS, *Setting the table - Nutritional guidance and food standards for early years childcare providers in Scotland, 2014*; NHS Health Scotland, *National Standards for Nursery and School Toothbrushing Programmes, May 2015*.

- All Nursery staff are responsible for the tooth brushing programme
- As part of the induction process the parent/carer completes the necessary consent forms.
- Toothbrushes are replaced once a term, or sooner if required (for example, when the bristles become splayed)
- Toothbrushes are individually identifiable for each child
- Toothbrushes are stored in appropriate storage systems or individual ventilated holders
- Storage systems which do not have covers are stored within a designated trolley or in a clean, dry cupboard
- Storage systems, trolleys and storage areas are cleaned, rinsed and dried at least once a week (more if soiled) using warm water and detergent
- Local monitoring of tooth brushing programmes by Childsmile staff occurs twice per school year. Monitoring includes observation of the tooth brushing session; discussion of the Standards with the EYLP; feedback to the local Childsmile Coordinator and arrangement of a follow-up visit.
- Staff will follow the tooth brushing guidelines set out by Childsmile (see Appendix 1)

- Childsmile information will be available to staff and will be kept in the toothbrush storage container and be accessible at all times
- Food/drink choices offered during snack will follow the guidelines set out by *Setting the table* (see Appendix 2)

Appendix 1

Model B - tooth brushing in dry areas

2.13 The supervisor should wash their hands before and after the tooth brushing session to prevent cross-infection.